

Day 1 — Christ the Eternal Source

Scripture Reading:

Colossians 1:16, Genesis 1:1, John 1:1–3, Psalm 19:1–4, Hebrews 1:2

Devotional:

Colossians 1:16 begins with a staggering claim: “*For by Him all things were created.*” Paul is not easing us into theology. He starts with the most absolute statement possible. Everything that exists—every star, every cell, every moment—owes its existence to Christ.

Creation itself bears witness to this truth. The vastness of the universe humbles us. Light travels at an unimaginable speed, yet it takes years to cross a fraction of the cosmos. At the same time, the smallest details of life—cells dividing, lungs breathing, hearts beating—operate with breathtaking precision. Scripture tells us this is not accidental. It is the work of a wise, powerful Creator.

Paul reminds us that Christ created “*things in heaven and on earth, visible and invisible.*” That includes what we can see and what we cannot. The physical world and the spiritual realm. Thrones, dominions, rulers, and authorities—every power that intimidates us or feels beyond our control—stands downstream from Christ’s creative authority.

This matters deeply for everyday faith. When life feels chaotic, it’s easy to forget that the One we pray to is not scrambling to keep things together. He is not reacting. He is the eternal source of everything that exists. Nothing in your life surprises Him. Nothing overwhelms Him.

Seeing Christ as Creator steadies us. It lifts our eyes above our circumstances and reminds us that the same Lord who spoke the universe into existence is fully present in our ordinary lives. The God who made all things is not distant. He is near, powerful, and trustworthy.

Reflection Questions:

1. What part of creation most reminds you of God’s power or wisdom?
2. Where are you tempted to forget that Christ is sovereign over all things?
3. How does seeing Christ as Creator reshape your prayers?

Practical Application:

Take time today to thank Christ specifically for something He created—something small or overlooked. Let gratitude recalibrate your perspective.

Prayer:

Father, You created all things through Your Son. Forgive me for forgetting how great and steady He is. Help me trust You more deeply as I remember that nothing exists apart from Your will. In Jesus’ name, Amen.

Day 2 — Christ the Active Agent

Scripture Reading:

Colossians 1:16, John 1:3, Hebrews 1:2–3, Ephesians 1:4–10, Philippians 2:6–8

Devotional:

Paul not only says that all things were made *by* Christ, but that they were made *through* Him. Christ is not a distant origin point. He is the Father's active agent in creation. The universe did not come into being apart from Him—it came into being through Him.

That truth binds creation and redemption together. The One through whom God created the world is the same One through whom God redeems it. The incarnation is not God improvising. It is God fulfilling His eternal purpose.

Ephesians tells us that believers were chosen "*in Christ before the foundation of the world.*" That means creation itself was always oriented toward redemption. The cross was not Plan B. The Christ who formed humanity stepped into His own design to restore what was broken by sin.

This is the beauty of the gospel. Redemption is not God fixing a mistake. It is God accomplishing His eternal plan. The hands that shaped Adam from dust were pierced for sinners. The voice that said, "*Let there be light,*" later cried, "*It is finished.*"

For believers, this brings immense comfort. Your salvation is not fragile. It does not depend on your consistency, your clarity, or your strength. It rests on the eternal purpose of God carried out through Christ.

There is no sacred–secular divide here. Christ is not only relevant to your spiritual life. He is relevant to all of life. Work, family, decisions, struggles—none of it exists outside His authority. The gospel does not merely offer better tools. It offers a better Lord.

Reflection Questions:

1. How does knowing redemption was planned before creation shape your assurance?
2. Where are you tempted to live as if Christ is only relevant to "spiritual" things?
3. How does Christ's authority change how you face daily responsibilities?

Practical Application:

Consciously bring one area of your life under Christ's lordship today—work, finances, relationships—and pray over it deliberately.

Prayer:

Father, thank You that redemption was never an afterthought. Help me trust the eternal purpose You are carrying out through Christ, even when I cannot see it clearly. In Jesus' name, Amen.

Day 3 — Christ the Glorious Goal

Scripture Reading:

Colossians 1:16, Romans 11:36, Romans 12:1, Psalm 86:9, Philippians 2:9–11

Devotional:

Paul's most confronting claim may be this: "*All things were created...for Him.*" Christ is not only the source and agent of creation. He is its goal. Everything exists for His glory.

This truth explains why even good things become burdensome when we treat them as ultimate things. Careers collapse under the weight of being our identity. Marriage buckles when it is asked to provide ultimate fulfillment. Children cannot carry the pressure of being the meaning of our lives.

Paul is not telling us to care less about these things. He is telling us to care about them rightly. They are gifts, not gods. When Christ is the goal, everything else finds its proper place.

The Westminster Catechism famously says that the chief end of man is "*to glorify God and enjoy Him forever.*" John Piper captures the same truth by saying that God is most glorified in us when we are most satisfied in Him. When Christ is central, joy and obedience are no longer competitors.

This reframes ordinary life. Work becomes worship. Marriage becomes a picture of grace. Parenting becomes discipleship, not performance. Our lives gain coherence when they orbit around Christ instead of ourselves.

Living for Christ does not diminish life—it frees it. When everything is for Him, nothing is wasted.

Reflection Questions:

1. Where are you tempted to treat a good gift as an ultimate thing?
2. How does living for Christ's glory bring freedom rather than pressure?
3. What might change if Christ were the clear goal of your daily life?

Practical Application:

Offer one ordinary task today—work, parenting, serving—as an intentional act of worship.

Prayer:

Father, reorient my heart so that Christ is my highest aim. Help me enjoy Your gifts without making them ultimate. In Jesus' name, Amen.

Day 4 — Christ the Eternal Son

Scripture Reading:

Colossians 1:17a, John 8:58, Micah 5:2, Revelation 1:8, Hebrews 7:24–25

Devotional:

Paul grounds everything he has said in this simple statement: “*He is before all things.*” Christ is not merely older than creation. He is eternal. Before time began, He already was.

This is why Christ can be trusted fully. He is not bound by history. He is not limited by time. He is the Alpha and the Omega, the beginning and the end. The One who saves is the One who never changes.

This truth strengthens assurance. Our hope does not rest on a passing figure or a temporary solution. It rests on the eternal Son of God. Because He lives forever, His salvation lasts forever.

Hebrews tells us that Christ is able to save “*to the uttermost*” those who draw near to God through Him. Nothing in your past outruns His mercy. Nothing in your future escapes His care.

Seeing Christ as eternal steadies anxious hearts. The One who holds your life is not fading, failing, or fragile. He is the same yesterday, today, and forever.

Reflection Questions:

1. How does Christ’s eternality strengthen your confidence in Him?
2. Where are you tempted to trust temporary things for lasting security?
3. How does Christ’s unchanging nature bring peace today?

Practical Application:

Memorize Colossians 1:17a and return to it when fear or uncertainty rises.

Prayer:

Father, thank You that my hope rests in Your eternal Son. Help me trust Him fully, knowing He will never fail me. In Jesus’ name, Amen.

Day 5 — Christ the Sustaining Lord

Scripture Reading:

Colossians 1:17b, Hebrews 1:3, Acts 17:28, Psalm 46:1–3, 2 Peter 3:10

Devotional:

Paul ends with a breathtaking claim: “*In Him all things hold together.*” Christ does not merely create and step back. He sustains everything continuously. Apart from Him, nothing would endure.

The universe holds together because Christ wills it. History unfolds because Christ governs it. Your life continues because Christ sustains it. Every breath, every heartbeat, every moment exists by His power.

This is deeply personal. When life feels like it’s unraveling, the truth is not that everything depends on you. It never did. Christ is holding you, even when you feel weak.

The gospel presses this truth even further. The Sustainer was crucified so the broken could be held forever. The One who holds the universe together allowed Himself to be torn apart so sinners could be made whole.

This is not moralism. It is grace. You do not need a bigger faith. You need a clearer Christ. And when you see Him clearly, rest becomes possible.

Reflection Questions:

1. Where do you feel like things are coming apart right now?
2. How does knowing Christ sustains all things reshape your anxiety?
3. What would it look like to rest more deeply in His care?

Practical Application:

When anxiety rises today, stop and pray, “*Lord, You are holding this—even me.*”

Prayer:

Father, thank You that in Christ all things hold together. Teach me to rest where You are already at work. In Jesus’ name, Amen.